



St. Jude Patriot

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December 1, 2011

ANCHOR YOURSELF AND YOUR KIDS

Are you looking for a great opportunity to understand more about your Catholic Faith and the Mass, while deepening your relationship with God? Are you looking for help with handing on the Faith to your children? Starting in January, St. Jude's Parish will begin a six-session program called "Anchor" at monthly intervals on Tuesday evenings. Designed for people at any stage in their faith life, Anchor offers a simple but rich explanation of the basic elements of our Catholic Faith. The program is geared towards any interested adult, but especially parents whose children are in Catholic school or sacramental preparation. For more information about the content and format of Anchor, visit www.anchoryourfaith.com.

First session: Tuesday, January 17, 6:30-7:45pm (held during PREP to make it easy for parents to attend).

Subsequent sessions: Feb 21, March 27, April 17, May 15 and June 19.

To register, contact the school office @ 604-434-1633 or email stjude@shawcable.com

OFFICE REMINDERS

◆ *Nova Food Hot Lunch Days*; December 7th and 14th. Please visit www.novafood.ca to place your meal order. You can pre-order all of the hot lunch days and make any changes up to 8:00am the day of the hot lunch.

◆ *December 2—Reports sent home*

◆ *There will be no Homework Club, Monday December 5th due to the St. Jude Christmas Concert.*

CHRISTMAS CONCERT



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Our Christmas concert, "Christmas Around the World" will be performed on Monday, December 5th at 7 p.m. and Tuesday December 6th at 1:30 p.m. This performance will take us on a musical trip around the world, discovering different Christmas and winter traditions all along the way. We encourage you to join us for this celebration! Please note the following:

Students will be required to wear concert uniform. This consists of:

PLAIN black dress pants OR black skirt

PLAIN black socks or tights

PLAIN white collared dress shirt or dress blouse (no writing or logos)

PLAIN black shoes

*** Students need concert uniform for BOTH performances.**

Students need to be in their classrooms, ready to go for the evening performance, at 6:30 p.m.

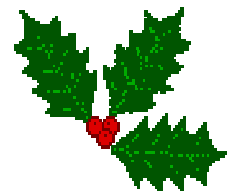
◆ *December 5—Christmas Evening program at 7pm.*

◆ *December 6— Christmas Program—Matinee show at 1:30pm*

◆ *Thursday, December 8— School Mass at 11am.*

◆ *December 9 -Gr. 7 Field Trip to UBC*

◆ *The Feast Day Holiday has been changed from Friday January 20 to Monday January 23. Please mark your calendars*



THE MUSEUM OF ANTHROPOLOGY



On November 17th, as part of the Social Studies curriculum, the Grade 4 class went on a field trip to the Museum of Anthropology, or MOA. During the field trip, we learned how to find a cedar tree and what it is used for. We also explored a little First Nation village and went inside a Haida House. When we were back outside, we learned about different totem poles, such as a memorial pole and a mortuary pole. After, we ate lunch in the Haida House. In the afternoon, we went to a presentation that taught us why the cedar tree is called “the tree of life”. We even got to feel some First Nations tools. Then we broke into groups and tried to identify some First Nations items. Even though it was a tiring day, the Grade 4 class had tons of fun!

Winnie & Zoe

FOOD BANK COLLECTION

St. Jude School is asking for your donations of canned and packaged food.

When: December 5th at the 7 pm St. Jude Christmas Performance and December 6th at the 1:30 pm Matinee Performance. (Or anytime up to this date.)

Where: In the boxes provided at the school’s front entrance.

The Greater Vancouver Food Bank Society distributes food to over 25,000 people weekly. They are dedicated to providing food and related assistance to those in need. The Food Bank is especially most grateful for assistance made during the Christmas season. Thank you in advance for your generous donations.

GRADE 3 IN SPACE



On November 23rd, the Grade 3 class went to the Space Centre. It was a lot of fun! We got off the bus and went inside. First we went to a show called “Harold’s Solar System.” We saw what downtown Vancouver looks like at night. Harold the Star Projector showed us that stars that do not twinkle are actually planets! Then we learned about the solar system too. After lunch we went to the Cosmic Courtyard. There were different games to play. It was like a space arcade! After that, we went to a show called “A Day in Space.” We learned that to go to the International Space Station it costs 20 million dollars for one ticket! Thank you to all the parents who supervised, Mr. Sorley and Miss Sullivan for taking us on this amazing trip! *Jennifer*

GRADE 7 ADVENT ASSEMBLY

Advent? What is Advent? On Monday the 28th, the Grade 7’s hosted a great assembly about Advent. They performed a short play about what we can do this year to prepare our hearts for Jesus’ birth. They also explained why there are different colours of the Advent wreath, as well as lighting the first candle for the first week of Advent. As the Grade 7 class we would like to challenge all St. Jude families to do extra acts of kindness, and pray more often to prepare for Jesus’ coming into our world. We would like to thank the Grade 7’s for this great assembly. Have a happy and holy Advent.

Caitlyn and Isabelo

\$3 ALL-YOU-CAN-EAT-HOTCAKES

Our \$3 All-You-Can-Eat-Hotcakes Fundraising event, in collaboration with McDonald's, is back! We are cordially inviting your whole family and friends to help us out with this great cause. 100% of the ticket sales will go towards our Language Arts Program called "The Writing Road to Reading". The order forms have gone out and distributed among the students. To receive tickets, simply fill out the order form and bring it with your payment by Friday, December 2, 2011. Your prepaid tickets will be available from your homeroom teacher on Monday, December 5, 2011. Just present your prepaid tickets at the front counter or Drive-thru window on Sunday December 11, 2011 between 8:00am-11:00am and enjoy All-You-Can-Eat Hotcakes at McDonald's Grandview Highway Branch. Thank you in advance for your support. We look forward to spending a morning full of breakfast treats and fun at McDonald's!

THE JUSTICE THEATRE



On Thursday the 24th of November the Intermediate grades 4-7 went into the gym for our annual Justice Theatre presentation. The topic this year was cyber and verbal bullying. The story was about a teenage girl who is jealous of a new girl dating her ex-boyfriend. She sends threatening messages to the new girl, Meghan. The message consisted of name calling and promised beatings. It was a great battle between the defense and the crown, but in the end the accused was found guilty. She was judged fairly by the jury (12 grade 6's). We would like to thank the actors and the jury for teaching us about internet safety.

Caitlyn and Isabelo

ST. JUDE CLOTHING DRIVE

Thank you to everyone who brought in their used clothing and coats. Your generosity has raised \$500.00 for the school and we have collected over 400 coats which will be donated to a local charity.

The winning class that brought in the most coats, scarves and mittens was Grade 4 with 89 items. Way to go! They will receive a special afternoon with popcorn and a movie.



“It is not how much we give but how much love we put into giving.”

SCHOLASTIC BOOK FAIR

Thank you to everyone who came out to our Book Fair last week. We were able to raise just over \$2,000.00 in credits to be used to purchase books for our school through Scholastics Canada.

Congratulations to our winners:

Rudolph Contest: 1st Prize – Zoe Chung Grade 4
 2nd Prize – Lucia Pimentel Grade 5

Word Scramble: 1st Prize – Juliet Fowler Grade 5
 2nd Prize – Ashlene Grade 5

Family Event Door Prize: Sherise Wong Grade 3 \$25 in Books and
 Ms. Sullivan \$25.00 in Books.



Great Job everyone!

COLD SEASON

This time of year, many children suffer from colds, flu and other contagious illnesses. In Vancouver schools, including St. Judes, there has been a higher than usual incidence of hand Foot and Mouth disease. On the next page is some information from the Health Department about this illness. Please keep your child home from school if he or she is ill. Thank you.

Hand-Foot-and-Mouth Disease

Hand-foot-and-mouth disease is an easily spread viral infection. It causes sores in the mouth and on the hands, feet and sometimes the buttocks (bum). It is not a serious infection, but lasts for about 10 days. This infection most often affects children under 10 years. It is more common in the summer and early fall.

Symptoms

- Sore throat
- Headache
- Fever of 38°C (100°F) to 39.5°C (103°F) for 1-2 days
- Mouth sores that look a bit like canker sores
- Small red spots or blisters on the soles of the feet and the palms of the hands
- Cough
- Runny nose

Care at home

- Antibiotics are NOT helpful for virus infections
- Acetaminophen (Tylenol) or ibuprofen (Motrin, Advil), may be given for pain and fever
- If the child is old enough to gargle, put ½ teaspoon salt in a cup of warm water, and get them to gargle. They should not swallow the salt water. Gargling should be done 2-3 times a day
- Give soft foods, like yogurt, sherbet, cottage cheese and Jell-O
- Offer plenty of cool fluids
- Do not give citrus, salty or spicy foods
- Encourage rest
- Do not share food, cups, or silverware
- Do not send the child to preschool, school or daycare for 5 days, unless told differently by the doctor

When to call your doctor

- Any trouble breathing
- If there is little or no urine (pee)
- If there are no tears when the child cries
- If the child does not drink
- If the child can not swallow
- If the fever lasts for longer than 3 days
- If the sores look infected-redness and swelling and yellow or green pus

Reference:

BC Health guide, Hand-foot-and-mouth disease, 2005

Mayo Clinic, Hand-foot-and-mouth disease, 2005

Mosby, Hand-foot-and-mouth disease, 2000